

WINE4FOOD

# A Taste of Asia

Carole Mac takes you on an exotic gastronomic tour featuring Wine4Food's top bites and sips across Asia. From lavish beach-side seafood in Bali, decadent wines in Myanmar, traditional noodle curry in Thailand, to the finest sake and Yamaga cuisine in Japan, this trip must not be missed.

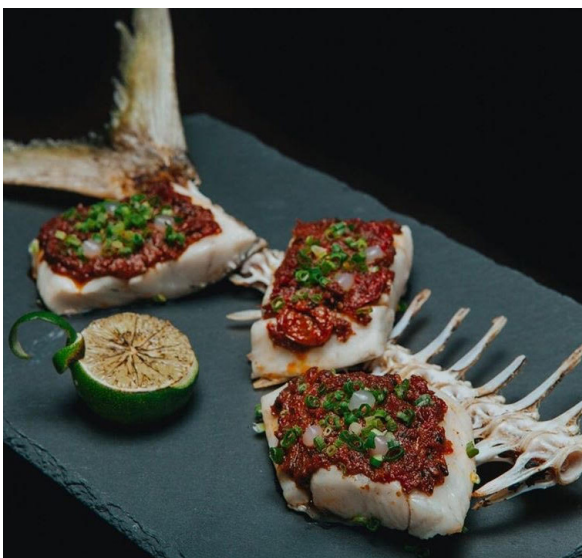
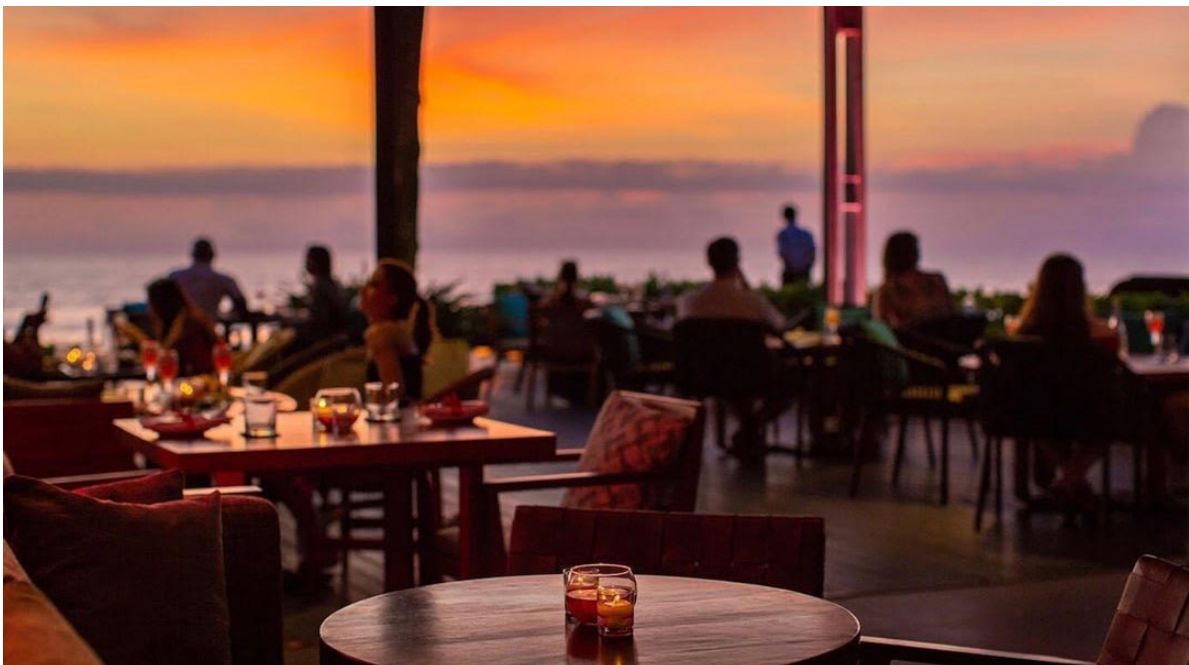


## WANT TO LEARN ABOUT WINE AT HOME?

Enjoy our fun and informative series Somm School Insider following Carole Mac's journey inside the Sommelier Society of America. To watch these short, shareable episodes, as well as read the full articles covering these top eats across Asia (thanks to our Editorial Director Hannah Howard and contributors Katie Lockhart, Diana Spechler, June Massel), go to [Wine4Food.com](http://Wine4Food.com), @Wine\_4\_Food.

# Bali Seasalt

Bali is a stunning place to visit, particularly if you stay at the Ailila Seminyak, a five-star hotel known for having one of the best restaurants in Indonesia. Partake in its exciting wine list while you taste blue swimmer crab tartare and tiger prawns, caught sustainably, in the waters right in front of you as you dine next to the beach.



# Myanmar

## Red Mountain Estate Vineyard & Winery

This unknown gem near India, China, and Thailand is worth the trip. Next time you find yourself in Southeast Asia, stop here and visit renowned Buddhist temples and the Red Mountain Estate Vineyard & Winery. Overlooking Inle Lake, this winery has a wide biodiversity and a wine-making climate with cool nights and sunny days. Taste their wines, and you'll taste Myanmar.



# Thailand

## The Service 1921 Restaurant & Bar

If you haven't been to Thailand, add it to your bucket list. The food here will blow your mind. I've never tasted anything like it, anywhere else. Start in Chiang Mai, an exquisitely rich city in Northern Thailand, and stay at the luxurious Anantara Chiang Mai Resort. While you enjoy first-class river-front surroundings, take day trips to visit an elephant camp, do a rainforest trek, take a cooking class, and top it off with a private tasting in the wine cellar in The Service 1921, Anantara's swanky restaurant. Be sure to sample Khao Soi Ghai, Chiang Mai's infamous traditional noodle curry.



# Japan Tochen Goshoboh

Japan's is a country unlike any other. Its level of excellence is unmatched, as evidenced by its extraordinary cuisine and sake. Next time you go, stay at the Tochen Goshoboh, located in Japan's number one sake-producing region. You will have an unforgettable 360-degree experience including therapeutic hot springs, sipping the world's best sake at Fukuju Brewery, and a one-of-a-kind "Yamaya cuisine" dining experience, a private locally sourced, seasonal dinner made specifically for your preferences by the chef showcasing the terroir of the region.

